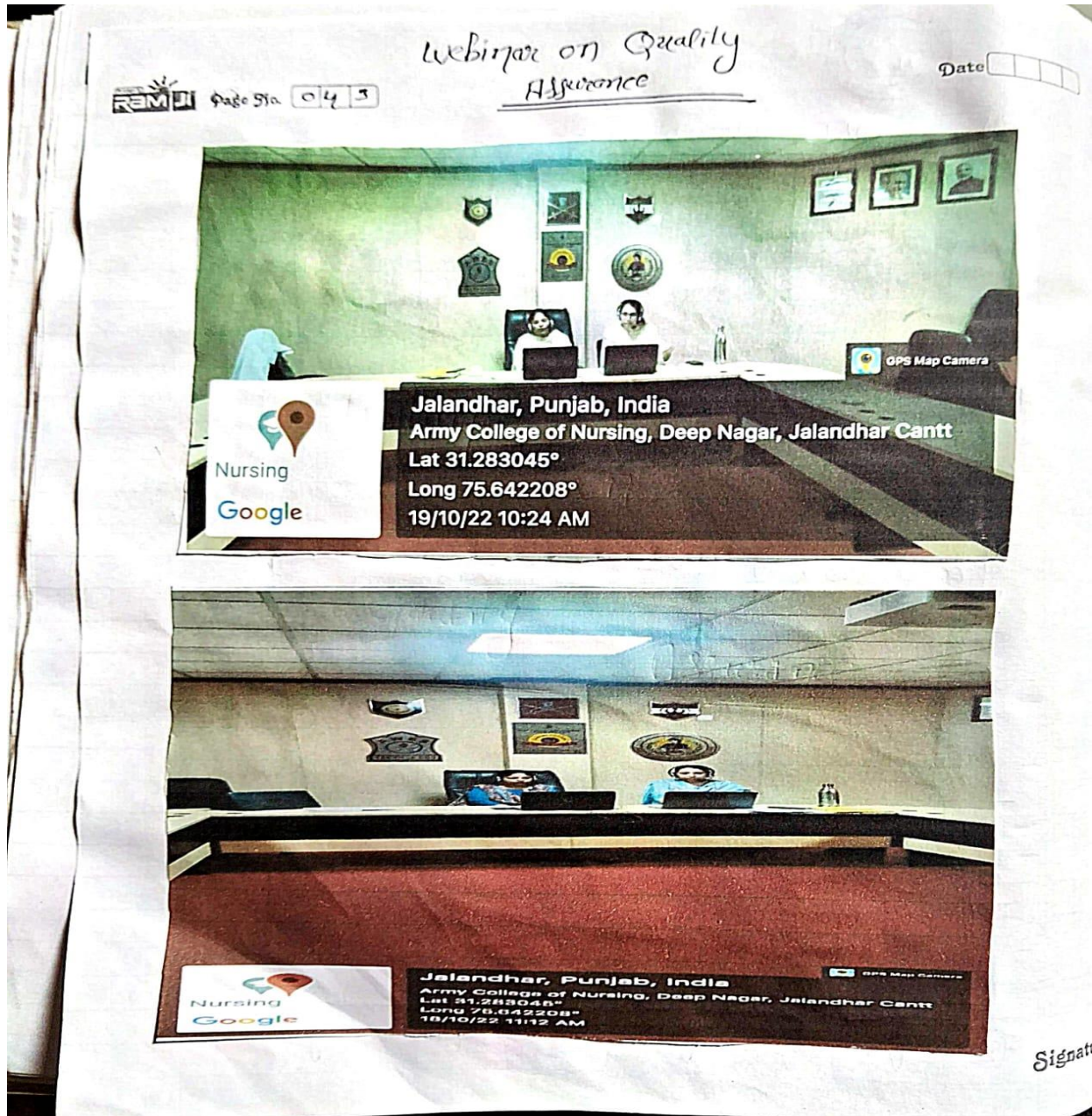




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Page No. 045

Guest visit

Date 11 Oct 12



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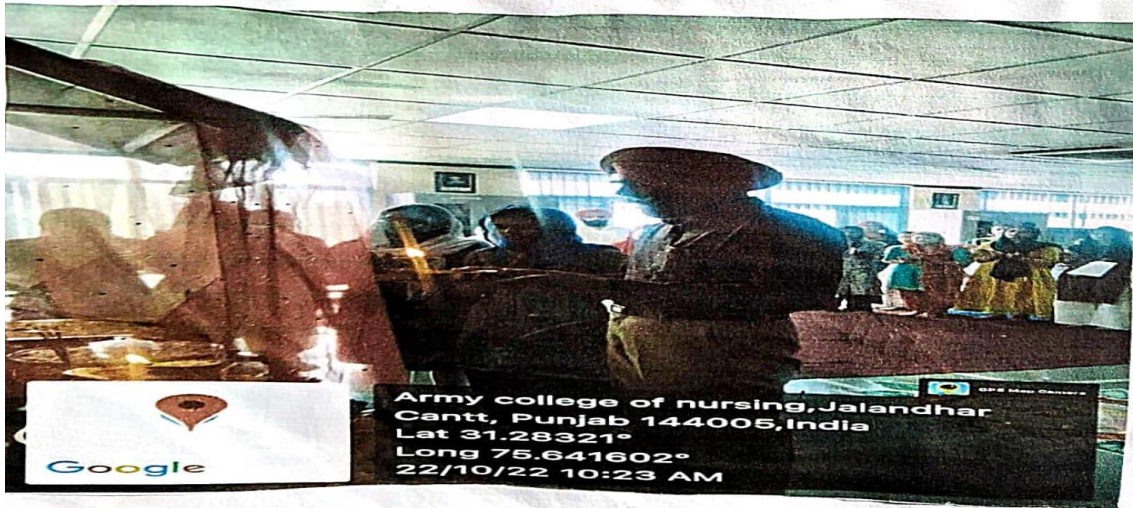
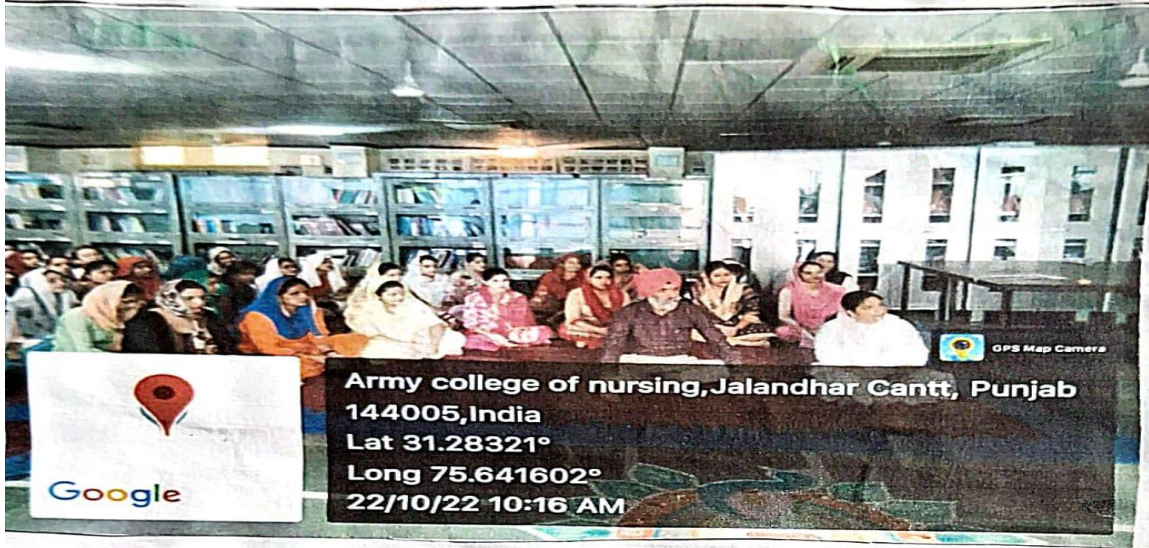
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Dixali Celebration  
Laxmi Puja

Page No. 026

Date 22 Oct 22



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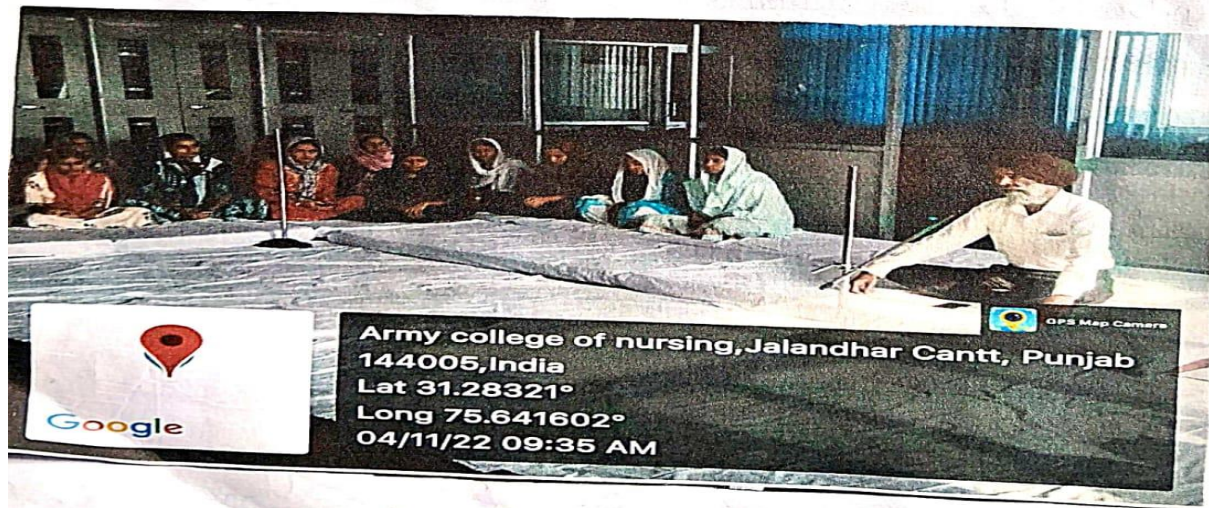
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Sathmani Sahib Path

Date 4/11/22



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Page No. 049

"FAREWELL 2022"

Date 4/11/22



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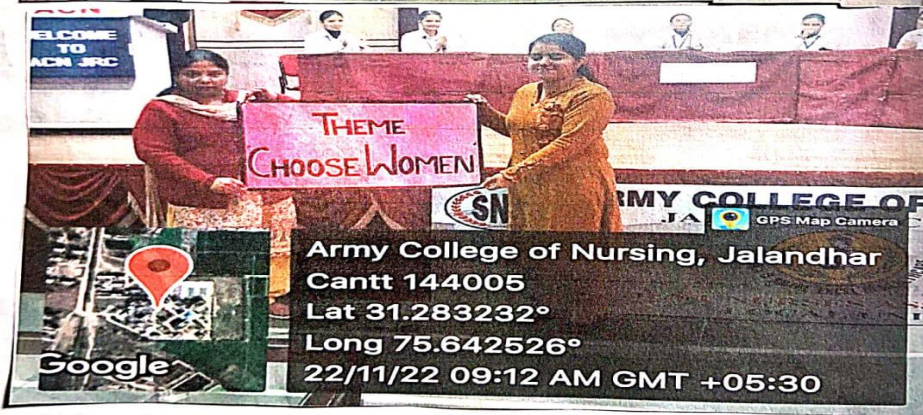
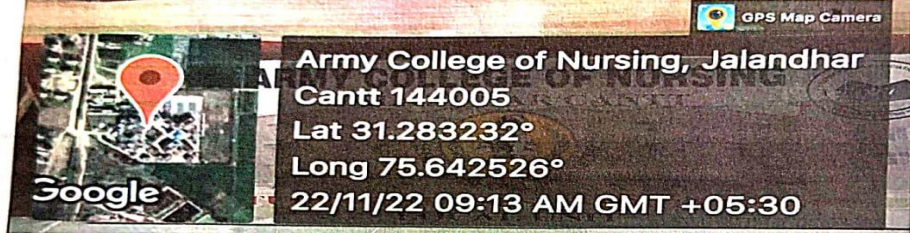
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RAMJI Page No. 050

Date 22 Nov 22

## Woman Entrepreneurship Day



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RAM Page No. 55 Date 16/12/2022

REPORT ON LAMP LIGHTING CEREMONY

Lamp Lighting Ceremony for the BSc(N) 1<sup>st</sup> year (2021-2022) Batch held on Dec 16, 2022 at Ashoka hall in ACN.

Chief guest for the day was Officiating Principal Matron and Nursing Officer of MN Jalandhar.

They grace the occasion with their presence. In the beginning guests were received and welcomed by Prof. Mrs Charlotte Ranadive Principal ACN. After formal welcome all dignitaries lighted the lamp as a tribute to Goddess Saraswati. Then, the procession ceremony took place by oath taking and nurse's pledge & nurse song by BSc(N) 1<sup>st</sup> year students.


After this, chief guest and guest of honour shared their valuable experience and motivated the students.

Lastly, Prof (Mrs) Charlotte Ranadive Principal ACN proposed formal vote of thanks. Dignitaries with faculty moved to nutrition lab and students to mess for refreshment.

Overall, this event was very delightful and created a beautiful memory in "ACN Diary".

Signature of Editorial Incharge Signature of Principal

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Page No. 56 Date 23/12/2022

**REPORT ON CHRISTMAS DAY CELEBRATION**

This year on 23rd December, our college has organized a program to celebrate Christmas. The celebration was held in our college with great joy and enthusiasm from 11:00 am to 12:15 pm in Ashoka hall. The entire hall was beautifully decorated with flowers, lights, posters, and models. All the students and faculty members were very excited and full of enthusiasm for the celebration. Various programs were organized one after the other. One of which was a performance where a group of students presented a beautiful play on the theme of Christmas. After that, a student disguised as Santa Claus comes with a bag containing chocolates. Santa Claus was roaming all over the hall giving chocolates to all the students. Also, the song Jingle Bells was playing in the background. After that Mrs Charlotte Ranadive (Principal ACN) sang a prayer song and Col HS Phagura (Registrar Sir) wished the students a merry Christmas. And then sir and mam cut the cake. And everyone's group photo was taken. And we all ended the program very happily.

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Page No. 61 Date 14/1/23


**REPORT ON LOHRI CELEBRATION**

Date :- 13/Jan/2023  
Venue :- Ashoka Multipurpose Hall  
Time :- 3:15 to 4:00 PM, 7:00 to 7:30 PM

Lohri function was celebrated with gusto at ACN from 3:15-4:00 PM in Ashoka Multipurpose Hall to mark the passing of the winter solstice and welcome the longer days. The celebrations commenced with some cultural performances by the students. The students also sang the traditional folk songs. The event was also graced by the presence of GCI Mrs. Parvati Chauhan and Lt. Sonia Mahindru.

Col. H.S. Phagura Registrar (ACN) discussed reason behind celebration Lohri in Punjab and Sir also told us about the Dulla Bhatti and after that Prof. Mrs. Charlotte Ranadive Officiating Principal and Registrar Sir wished happy Lohri to all the staff and students and all were given Lohri Perks. In the evening at 7:00 PM Principal Mam ignite the holy bonfire. As no celebration is complete without our traditional dances of Bhangra and Gidda the staff and students had a gala time dancing around the warm bonfire. The event ended with prayers and wishes for an amazing new year.

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Page No. 63 Date 27/1/2023

REPORT ON SPORTS ELECTIONS

Date:- 25/Jan/2023  
Venue:- Shaada Library  
Time:- 2:00 - 4:00 PM

The Sports elections/house elections for the session 2023-24 was held successfully on 25/1/2023 at 2:00-4:00 PM in Shaada Library. Students were oriented to rules and regulations of voting. Elections were systematically and fairly done under the guidance of SNA advisor Mrs. Rashmi (CI) and other teachers. Various students from 4<sup>th</sup> year and 3<sup>rd</sup> year nominated themselves for the post of House Captain and House Vice Captain respectively from each house.

Students of respective houses elected their house Captains and house vice captains through voting. The Votes were counted and further result was declared

The elected house Captains and vice Captains were as follows:-

Mata Gujri house (Red)	Shanti (Captain) Palak (Vice Captain)
Mother Teresa house (Yellow)	Ansika (Captain) Tamanna (Vice Captain)
Florence Nightingale house (Green)	Dolly Kumari (Captain), Nidhi (Vice Captain)
Mata Saraswati house (Blue)	Bhumika (Captain), Nitisha (Vice Captain)

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Page No. 6 Date 27/1/2023

REPORT ON SUKHMANI SAHIB PAATH

Date:- 25/Jan/2023  
Venue:- Sarav Dharm Sathal  
Time:- 12:00PM to 1:00PM

Sri Sukhmani Sahib Path was organized in the Army College of Nursing on 25/1/23 at 12:00 to 1:00PM to invoke blessings from the almighty for the growth and development of our college, for our semester-2 students who are appearing for their final exams and for the well being and prosperity of all.

The Sukhmani Sahib Path was organized in the college and initiated at 12:00PM and was done by the Sangat. We were blessed and honoured by the presence of our regarded Registrar Col. H.S. Phagura and Officiating Principal Prof. Mrs. Charlotte Ranao. After the Paath, students also recited shabads. Registrar Sir and Principal Mam wished students luck for their exams.

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Date 27/1/2023

REPORT ON REPUBLIC DAY CELEBRATION

Date :- 26/Jan/2023

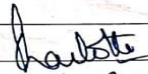
Venue :- Army College of Nursing, Jalandhar Cantt.


Time :- 10:30 AM - 11:30 AM

The 74<sup>th</sup> Republic Day was celebrated on 26/Jan/2023 from 10:30-11:30 AM at Army College of Nursing. The Presiding officers for the event was Prof (Mrs) Charlotte Ranadive (Officiating Principal), Col. H.S. Phagura (Registrar ACN), Mrs Priya (Associate Professor). The event was also attended by hostel teachers, hostel warden and all the students of all the four batches.

The Republic Day celebration was started with flag hoisting and National Anthem. The students performed various activities like poem recitation, dance performance, patriotic song and Republic Day highlights. Prof Mrs. Charlotte Ranadive (Principal AC) and Col. H.S. Phagura (Registrar) also addressed the students with motivational words to inculcate the feeling of Patriotism. The Republic day was celebrated very well.

  
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Page No. 66 Date 3/2/2023

REPORT ON WORLD LEPROSY DAY


Date :- 2/Feb/2023  
Venue :- K.K. Vihar  
Time :- 10:00 to 11:00 AM

Leprosy day is celebrated on the Last Sunday of January across the globe. In 2023 it was celebrated on 30 January and the theme was "Act Now End leprosy". Leprosy day was celebrated by the students of BSc (N) 4<sup>th</sup> year on 2/2/2023. The World Leprosy Day was celebrated under the supervision of Mrs. Apraza Kalsi (CI), and Mr. Sofiya (CI).

Students educated the Community people residing in K.K. Vihar about leprosy. Students made well elaborated AV Aids which helped the residents to understand leprosy, its causes, signs and symptoms, complications, treatment and prevention. Students did the health talk and at the end a quiz was done and people were able to answer the questions on leprosy.

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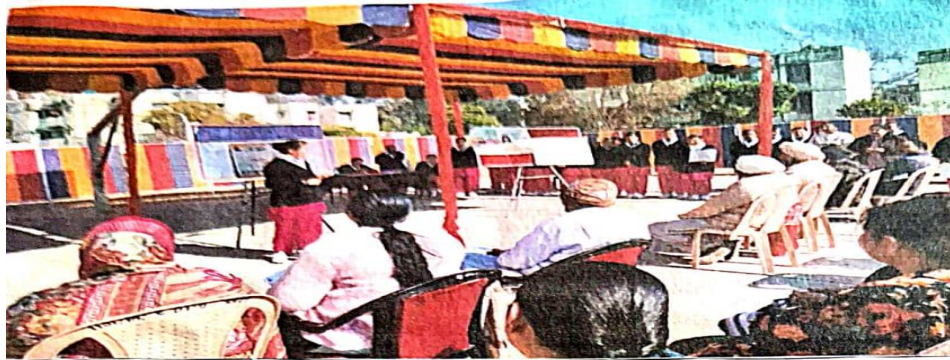
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Page No. 168 Date 13/2/23

REPORT ON PANEL DISCUSSION ON  
SEXUAL AND REPRODUCTIVE HEALTH: GET THE FACTS 2023

Date:- 11/ Feb/2023  
Venue:- Ashoka Multipurpose Hall  
Time:- 9:00 - 10:00 AM

Panel discussion on sexual and Reproductive health was conducted in Army College of Nursing on 11/Feb/2023 to educate the students about importance of Sexual and Reproductive health. Panel discussion was organized by students of BSc(N) 4<sup>th</sup> year to create awareness about sexual and reproductive health among the young nurses.

The event started by 9:00AM, following theme unfolding. The theme was "Sexual and Reproductive Health": Get the facts 2023. Theme unfolding was done by Mrs. Priya Sharma Associate Professor and Ms. Pooja Sharma C.I. Students were able to cover the entire topic through panel discussion. Introduction, causes, prevention, Family Planning and various programmes regarding sexual and reproductive health were discussed in detail.

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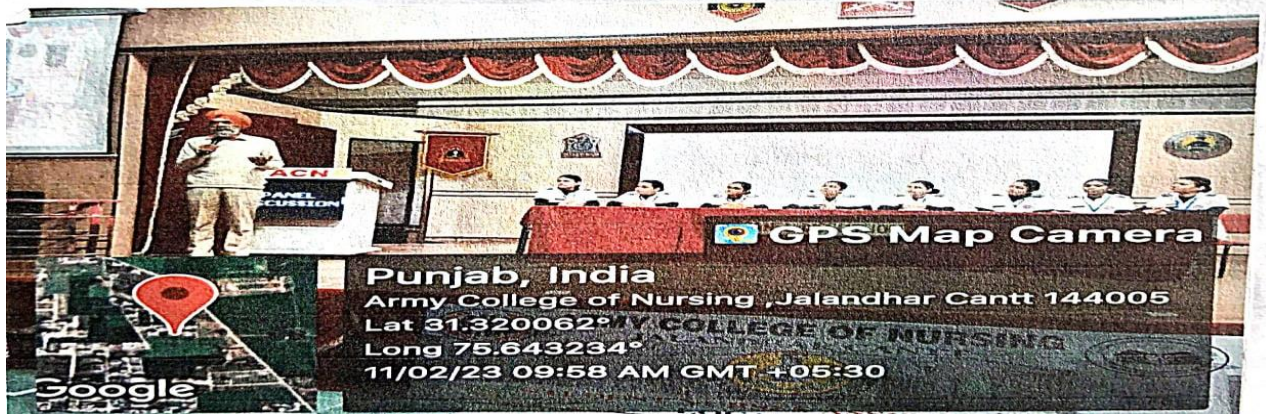
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**ARMY COLLEGE OF NURSING JALANDHAR CANTT**  
**WORLD TUBERCULOSIS DAY**  
**HEALTH EDUCATION BY COMMUNITY HEALTH NURSING DEPARTMENT**

Date: - 24 Mar 2023

Time: - 9:00-11:00 AM

Venue: - K K Vihar

Audience: - Residents of K K Vihar

The World Tuberculosis Day awareness programme was organized by the Department of Community Health Nursing headed by Mrs. Priya Sharma (Associate Professor) ACN on the Theme ('yes! We can end TB!'). Theme unfolding was done by Mrs. Priya Sharma (Associate Professor) ACN, Mrs. Apsara Kalsi (CI), and Mrs. Kalindi Sharan (CI).

World Tuberculosis Day awareness Programme was conducted by students of BSc (Nursing) IVth year with Presentation of Charts and Posters to the gathering at K.K Vihar. Students provided health education about Tuberculosis, causes & symptoms of Tuberculosis, types of Tuberculosis, treatment and management of Tuberculosis to the gathering. All in all the event was a huge success.



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**ARMY COLLEGE OF NURSING JALANDHAR CANTT**  
**ANNUAL SPORTS MEET 2023**

Date: - 09/Mar/2023-10/Mar/2023

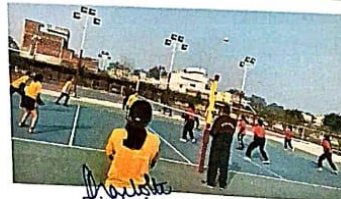
Time: - 8:00-11:00AM, 7:15-9:00AM

Venue: - Football Ground

Audience: - Faculty and All ACN Students

On 09/Mar/2023-10/Mar/2023 ACN organized Annual Sports Meet 2023. The event took place in the Football Ground of the ACN. The event began with the opening of the sports by Chief Guest followed by oth taking by sports captains and house captains. All four houses displayed a synchronized march past. Brig Prasad R Lele (Commandant MH, J RC & Director ACN) was the Chief Guest. Col. Sheela S (PM MH, JRC), Lt. Col Tapasi R Barman (DPM MH, JRC) and Other Dignitaries accompanied the Chief Guest. Students participated and Competed against one another in various Sports like Javelin throw, Shot put, Long Jump, Race, Kho-Kho, Table Tennis, Badminton, Discuss Throw, Volley ball, Basket Ball, Chess, Carom.

All in all, the whole event was organized in a systematic manner. Lastly Brig Prasad R Lele (Commandant MH,JRC & Director ACN), Col H S Phagura (Registrar ACN), Prof Mrs Charlotte Ranadive (Officiating Principal ACN) gave away prizes to the winners and participants and congratulated them for their excellent performance. The best march past award won by (Mata Saraswati House), whereas (Mother Teresa House) bagged best house Trophy & it was received by House Captain Miss Anshika student of BSc (N) IVth year.



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## ARMY COLLEGE OF NURSING JALANDHAR CANTT INTERNATIONAL WOMEN'S DAY CELEBRATION

Date: - 04/Mar/2023

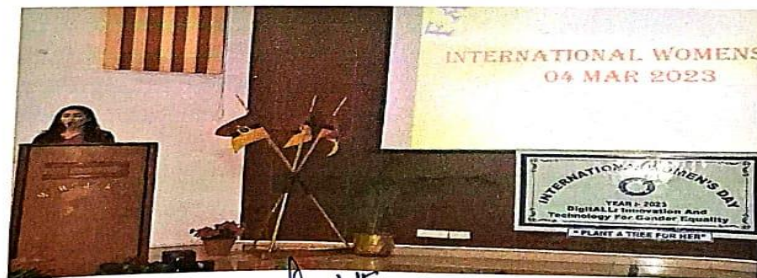
Time: - 5:00-7:00PM

Venue: - Auditorium of MH, JRC

Audience: - IVth Year, IIIrd Semester & Staff of MH, JRC

The International Women's Day was celebrated by Students Nurses Association under the guidance of Prof Mrs Charlotte Ranadive (Officiating Principal) & Mrs Rashmi (SNA Advisor) in collaboration with Department of Nursing of Military Hospital Jalandhar, Cantt. Theme for the event was "DigitALL: Innovation and Technology for Gender Equality". The Chief Guests for the event were Lt Mritunjala, Maj Ashwati, Maj Saru, Maj, Kirti.

The Students presented a role play on the Theme. The purpose of celebrating women's day was to raise awareness about the status and dignity of women and to promote Gender Equality among the students and staff. Furthermore some fun events like Song, dance and Role Play was conducted in which Students of Army College of Nursing outshined in the Role Play. All in all the event was a huge success.



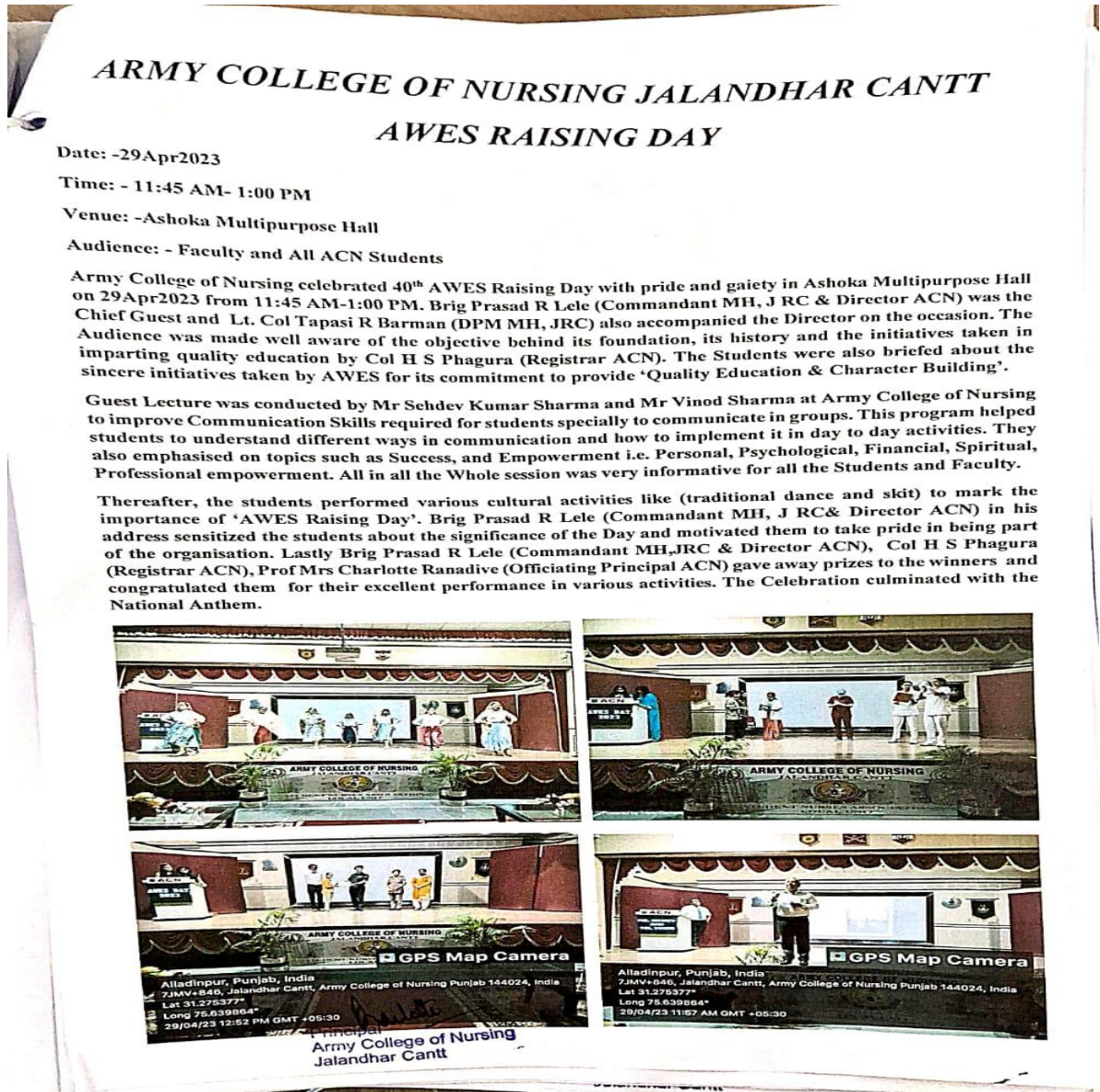
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## ARMY COLLEGE OF NURSING JALANDHAR CANTT

### Eid-UL-Fitr

Date: -21Apr2023

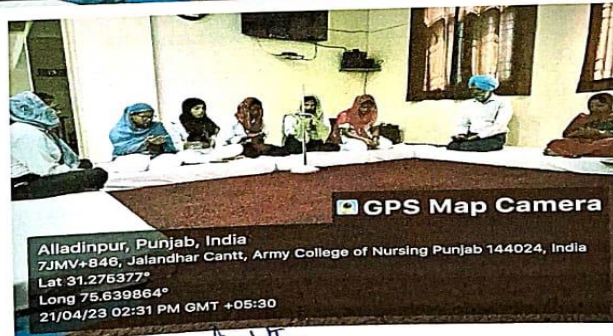
Time: -2:00-3:00 PM

Venue: - Hostel TV Room

Audience: - Faculty and All ACN Students

"Eid: Celebrating the Quintessence of Harmony and Brotherhood". On the Auspicious occasion of 'Eid-UL-Fitr' on 22Apr2023, Army College of Nursing organized activity to commemorate the teachings and learnings of this festival on 21Apr2023.

Muslim Students of our College recited Surah- Kausar, Surah- Falaq, Surah- Nas, Duood Shareef, Surah- Fatiha, and Dua. The celebration ended by praying to Allah for wellness of College students, Staff Members and Parents. Eid, the festival that upholds the spirit of brotherhood, love and secularism, was celebrated with great enthusiasm by the students of ACN. The spirit of Eid was well imbibed by the students. On the day of Eid-UL-Fitr sweets were distributed among students.



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## ARMY COLLEGE OF NURSING JALANDHAR CANTT

### Guest Lecture on World Health Day (Theme: Health for All)

Date: -19Apr2023

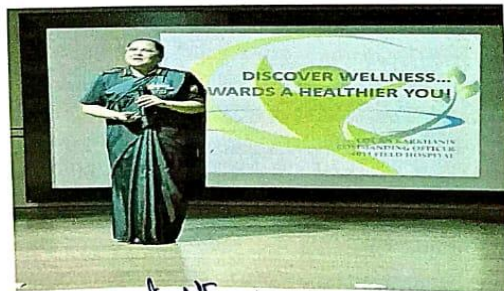
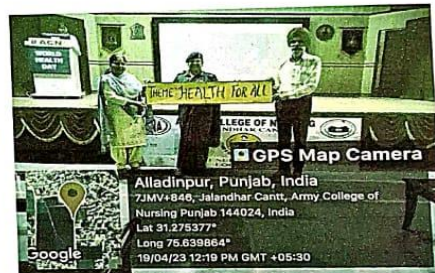
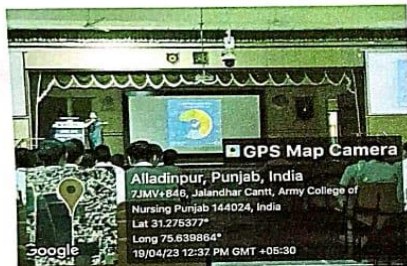
Time: -12:00-1:00 PM

Venue: -Ashoka Multipurpose Hall

Audience: - Faculty and All ACN Students

World Health Day is a global health awareness day celebrated every year on 7<sup>th</sup> April. Army College of Nursing organized fitness seminar on (Discover wellness towards a healthier you) on 19Apr2023. Col. RN Karkhanis, CO, 4011 Field Hospital Jalandhar Cantt had addressed the session. Col H S Phagura (Registrar ACN), and Prof Mrs Charlotte Ranadive (Officiating Principal ACN) gave their valuable presence. This session was organized to inculcate the importance of Health education to improve students' knowledge about physical, mental, emotional and social health. She motivates students to improve and maintain their health, prevent diseases, and avoid unhealthy behaviours.

The resource person handled a very informative and eye-opening session on how to lead a healthy life style. She has highlighted the points (Wellness, Health, Physical Activity, Nutrition, Social Connections, and Stress Management). The Whole session was very informative for all the Students and Faculty.



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**ARMY COLLEGE OF NURSING JALANDHAR CANTT**  
**INTERNATIONAL NURSES WEEK**

Date: -8-12May2023

Time: -10:00 AM- 12:00 PM

Venue: - Ashoka Multipurpose Hall

Audience: - ACN Students and Faculty

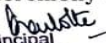
International Nurses week was celebrated by Student Nurses Association, ACN from 8 to 12 May 2023. Theme Chosen by International Council of Nurses for the year 2023 was "Our Nurses Our Future". Various activities conducted on International nurses week are:-


On May 8. 2023, A lecture on Nursing Next Live App was conducted by Senior Manager Mr Narayan Dutt Mishra in online mode in Ashoka hall and informed the students about this app in detail. After this Mr Akhilesh Nagar conducted online test for the various subjects & results were later informed to Principal along with prizes (Competitive Book). Further, class wise students attended exhibition laid in college corridor, purchased books as per their curriculum and enquire for extra online content sponsored by book publishers.

On May 9. 2023 Poster Competition was organised on the theme "Our Nurses Our Future". Total 08 students, took part in competition and showcase their creativity in posters. In addition, students also made posters to recognise World Red Cross Day. Further, posters were evaluated by judges and result handed over to SNA.

On May 11. 2023 Guest Lecture by Miss Kamini S Chandra on career planning in International market was held in Ashoka Multipurpose Hall from 2:00-4:00 PM. She emphasised on rising demand of nurses globally and steps involved for registration to Canada and its provinces.

On May 12. 2023, Alumni Lecture by Maj Saru Chauhan on Critical Care Nursing was organised. This was followed by Nurses day celebration, commenced with lamp lighting by the Chief Guest : Col. Sheela S (PM MH, JRC), Lt. Col Tapasi R Barman (DPM MH, JRC) accompanied by Prof Mrs Charlotte Ranadive (Officiating Principal ACN) , Nursing officers and faculty of ACN. Then, a lecture was given by Mrs Priyanka (Assistant Professor) on Futuristic Nursing. Also, Students performed role play on History of Florence Nightingale. After this, Prizes (Poster competition winners, quiz completion online test by NNL App) won by students in entire week were disseminated Chief Guest. The Chief Guest addressed and motivated students to deliver best quality care by following 3Cs: Compassion, Commitment and Competence; 3H's: Head, Heart & Hands. At last, cake cutting ceremony was held to commemorate International Nurses Day.

  
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## ARMY COLLEGE OF NURSING JALANDHAR CANTT INTERNATIONAL DAY AGAINST DRUG ABUSE

Date: - 26 June 2023

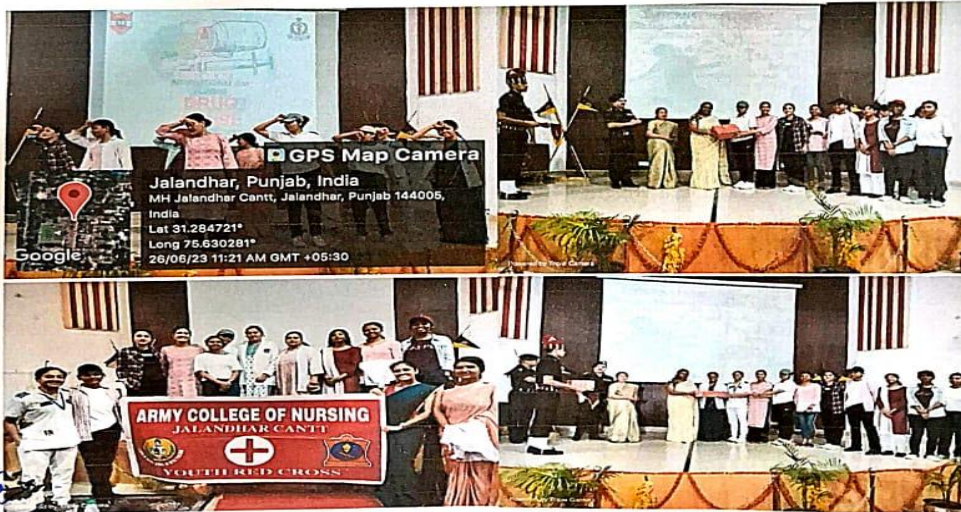
Time: - 10:00-11:00 AM

Venue: - Auditorium of MH, JRC

Audience: - ACN Students, Faculty, Serving Personnels & their Families

The Youth Red Cross Unit and Department of Mental Health nursing celebrated (International Day against Drug Abuse) in collaboration with MH, JRC (Nursing Department) for spreading awareness against drug use and its ill effects. The event was organized under the guidance of Brig Prasad R Lele (Commandant MH, JRC). The event was graced by the presence of Mrs Uma Nair, (Zonal President, Vajra AWWA). The session comprised of Lecture on "Drug Use: Prevalence and Prevention" taken by Lt Col S K Sain, CI Spl (Psychiatry) trained in de-addiction medicine, which aimed at improving awareness, psycho education and enumerating the magnitude of existing drug use, identification of early signs of drug use and the prevention and treatment among the troops and families.

Lecture was followed by a quiz related to drug abuse and an interactive session where doubts and queries were answered related to various issues and other positive measures. Lecture was followed by a role play performed by 11 students of ACN which elaborated the misery, suffering and destruction the individual, their families and the society goes through because of drug abuse and lack of knowledge. It was received and reciprocated by target audiences and was successful in spreading the message among troops and families of Vajra. 12 Students of ACN prepared captivating posters depicting various Drug Abuse issues. Dolly Kumari student of BSc (N) IV<sup>th</sup> year bagged 1<sup>st</sup> position, Bhumika 2<sup>nd</sup> position, Riya Chaudhary 3<sup>rd</sup> position. At the end all the participants and winners were awarded with prizes.



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**ARMY COLLEGE OF NURSING JALANDHAR CANTT**  
**WORLD ENVIRONMENT DAY (MISSION LIFE)**

Date: - 03 June 2023

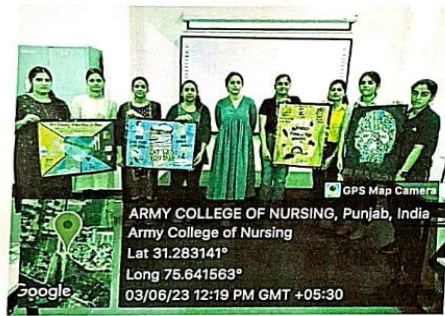
Time: - 12:00-1:00 PM

Venue: - Classrooms

Audience: - Students of BSc (N) III<sup>rd</sup> & IV<sup>th</sup> year

Every year World Environment Day is celebrated on 5<sup>th</sup> June all over the world to spread awareness about the issues related to environment. World Environment Day was celebrated with a thrust on (Mission Life) by Army College of Nursing on 03 June 2023 from 12:00-1:00 PM. This year's campaign is celebrated under the theme #BeatPlasticPollution, 'Ecosystem Restoration'.

Students of BSc (N) III<sup>rd</sup> year prepared captivating posters depicting environmental issues such as (plastic menace and avoid food waste). The posters made by the students reflected their deep concern towards the environment.



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## ARMY COLLEGE OF NURSING JALANDHAR CANTT INDEPENDENCE DAY CELEBRATION

Date: - 15 Aug 2023

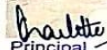
Venue: - Army College Of Nursing


Time: - 10:00-11:30 AM

Army College of Nursing marked the auspicious occasion of the 77<sup>th</sup> Independence Day with a jubilant and meaningful celebration, reverberated with both patriotic zeal and cultural grandeur. The event commenced on a solemn note with a dignified flag hoisting ceremony led by the Col. H.S. Phagura (Registrar ACN). The hoisting of the tricolour flag served as a poignant reminder of the immeasurable sacrifices made by the India's valiant freedom fighters in their unwavering pursuit of liberty. Followed by National Anthem the NCC Cadets performed March- past to pay tribute to the motherland "INDIA" under the guidance of Lt. Kalindi Sharan.

A cultural program was also held in Ashoka Multipurpose Hall where students of all classes participated. Some students sang patriotic songs and some recited poems. Some made speeches. Students also made beautiful posters. The posters depicted by the students show that they are aware of the struggle of the freedom fighters and they understand the value of freedom. Students also paid homage to the martyrs through their posters. Thereafter, Prof. Mrs Charlotte Ranadive (Officiating principal), Col. H.S. Phagura (Registrar ACN) addressed the students with their inspiring words. The winners were given prizes and sweets, were distributed to the students at the end of the program.



  
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## ARMY COLLEGE OF NURSING JALANDHAR CANTT ORGAN DONATION DAY

Date: - 12 Aug 2023

Venue: - Military Hospital, Jalandhar Cantt

Time: - 10:00-11:30 AM

The World Organ Donation Day is celebrated on 13 August every year to spread awareness about the importance of organ donation and debunk myths related to donating organs. Army college of Nursing celebrated Organ Donation Day in collaboration with MH, JRC on 12 Aug 2023 with great zeal and enthusiasm to promote everyone to donate organs. The event was marked by the beginning with the theme unfolding. Theme for the World Organ Donation Day 2023 was "Donate Organs, Save Lives"

A skit was performed by the students of BSc (N) III<sup>rd</sup> year and Sem-II to raise awareness about the importance of organ donation and bust myths around it among the general public. The organ donation is quite similar to giving someone another chance of life. Brig. Prasad R Lele (Commandant MH, JRC) emphasized that anyone can volunteer to donate organs irrespective of their age, caste and religion. It is like the ray of hope to helpless people. After that, everyone took pledge to donate organs & tissues after death.



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## ARMY COLLEGE OF NURSING JALANDHAR CANTT WORLD HEART DAY

Date: -29 Sep 2023

Time: - 6:00-7:00 AM & 11:00 AM-12:30 PM

Venue: - Mini India Gate & MH, Jalandhar Cantt

Audience: - Students & Faculty

World Heart Day was celebrated at MH, Jalandhar Cantt on 29 Sep 2023 for raising awareness about cardiovascular diseases and to live a healthy life. Brig. Prasad R Lele (Commandant MH JRC & Director ACN) discussed the various aspects of Human Life Styles with respect of various diseases and also shared his valuable information with the students and nurses present there. Quiz Competition was conducted by MH and students of ACN got prizes for their excellent participation.

Health Check-up Camp was also organized at Mini India Gate. During the camp which was, which was attended by more than 100 patients, a team of doctors examined people who had come to take the benefits of free camp. Students of ACN also participated in the camp with focus on the theme "USE HEART KNOW HEART" and assisted in conducting Blood Pressure monitoring, Blood Sugar testing and medicines were offered to the patients.



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